To begin their HSC courses forty three Year 11 students attended a Study Camp at Mylestom Camping Ground. The idea of the camp is to help students with what is involved in completing HSC courses and to advise them of the help that is available to them. On Wednesday afternoon a representative from “Elevate Education” in Sydney gave two seminars, one on time management and the second on study techniques. Several staff members from NHHS spoke to the students about the effort needed to complete the courses they have selected for their senior years. Ms Ellie Dennis gave hints on essay writing, Mr Matt Gilbert spoke about being organised, Mr Brock Janssen talked about the use of devices—ipads, mobile phones, computers—for reminders, timetables, tasks, Ms Jo Marshall talked about keeping the mind and body healthy with nutrition and exercise. Of course, it wasn’t all work and no play (that’s no good for anyone). The students had time to enjoy swimming, kayaking, walking on the beach, watching movies and playing games. A huge thank you to North Beach SLSC for the use of their club-house and facilities, Mr Neil Gerrard for his assistance in camping and cooking and the seminar presenters. This is a fantastic bunch of kids and as usual their behaviour and cooperation at all times was excellent. Further instruction on the implementation of study techniques and timetabling is continuing so there is every opportunity for all to meet their goals and potential for the HSC and beyond.

Ms Pat Nichols Year Advisor
Dear Parents and Community

Congratulations to all students on the mature way they have settled back into school life after the holidays. Students are on task and participating with enthusiasm in the classroom and socialising and interacting well in the playground.

Students who ride bikes to school are encouraged to bring a lock to secure them to the bike racks. As with mobile phones, students bring bikes to school at their own risk and this means that NHHS accepts no responsibility for lost, stolen or damaged property. We discourage scooters and skateboards coming to school but they too are brought to school at the students own risk.

The Tell Them From Me student feedback survey

This term, our school, like many others in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 14th March and 8th April. Participating in the survey is entirely voluntary.

A consent form and a list of frequently asked questions (FAQs) for parents/carers about the survey is being posted home. If you do not want your child or children to participate, please return the consent form to school by Friday 11th March. The FAQs and copies of the consent form, including translated consent forms, are available from the website above.

All parents are invited to attend our first P&C meeting of the year in the school library at 5pm on Wednesday 24th February.

As always please contact me at the school if you have any questions in regards to your child’s education at NHHS.

Highlight of the fortnight:

The constant use of our school bus. Last week the bus took 20 students to Woolgoolga for a Bangarra dance workshop on Tuesday, did 3 trips to the beach on Wednesday for sport and took our basketballers to Port Macquarie on Thursday. Frank Partridge VC Public School uses it on Fridays to take their Stage 1 students to Macksville for swimming lessons. Keep an eye out for it when it is out and about.

Simon McKinney

Principal

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<tr>
<td>24th February</td>
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Applying for Special Provisions for HSC Examinations

The Board of Studies has a program to help students with practical support in their Higher School Certificate examinations. This practical support, known as provisions, assists students to read examination questions and to write their answers. Provisions include rest breaks and extra time.

Students may need provisions for:

- a permanent condition, such as diabetes or a reading or writing difficulty
- a temporary condition, such as a broken arm, or
- an intermittent condition, such as back pain when sitting for long periods.

Provisions help students to show the markers what they know and can do.

To apply for provisions, the school submits an online application to the Board of Studies. This application tells us which provisions the student is requesting and includes recent evidence. Evidence may include medical reports, reading results, spelling results, writing samples and teacher comments.

Much of the evidence can be collected by the school, but the parents’ role is welcome and needed. Parents help by talking with the school, describing the student’s needs, and providing the school with medical or other reports.

Applications for provisions should be submitted by the school to the Board of Studies by the end of Term 1. Late applications are accepted for an emergency, such as a broken arm, until the time of the examinations.

Once the Board of Studies has made a decision about which provisions are approved or declined, a decision letter is provided to the school. The school will provide the student with a copy of the letter.

If you think that your child may require support in completing the Higher School Certificate examinations, please discuss the matter with one of the Year Advisers or Rod Cross, Head Teacher Support.


P&C News

The NHHS Uniform Shop is up and running successfully. We would like to thank parents and carers for your support and also for your patience when we have had items out of stock. Almost all the stock items we were waiting on have arrived. **Students from Years 8, 9 and 10 have been given order forms and are now welcome to purchase the new uniform, but please remember there is a three year change over.** We acknowledge that there has been some issues with some of the girls pleated skirts (the top of the pleats coming undone). Our supplier is aware of this problem and is correcting this fault with all skirts made from now on. If you have a problem with your skirt please send it to the uniform shop and it will be mended and returned in a minimal amount of time.

There has been great feedback from the wider community on the new uniform. The next P & C meeting is being held on Wednesday 24th February at 5pm in the School Library. One of the major items on the agenda will be to discuss and finalise the winter School Uniform. Everyone is welcome to come and join us in this discussion and give us your ideas.

GATS Clubs

Mrs Amanda Taylor and Mrs Alison Nowland hold meetings on Tuesdays and Thursdays for students who like to extend themselves and enhance their ability to think critically and creatively. On Tuesdays a Philosophy group meet in the Library from 1pm to discuss what's happening in the wide, wide, world. Students can extend their ability to use sound reasoning and to build logical thinking strategies! It is also an awesome time to spend thinking "outside of the box".

On Thursdays, again at 1pm in the Library, students who wish to participate in a range of "Gifted and Talented" style excursions can meet to hone their skills in a range of activities in preparation for out of school challenges such as: The Da Vinci Decathlon in May, The Maths Olympiad run throughout the year, The Science and Engineering Challenge in May, The Bottle Rocket Challenge, and "Shorts" - the Youth Film Festival - deadline for enrolment February 22nd. Further excursions may arise as the year unfolds.

If you are interested in either or both of these groups, please come to the Library at the appropriate time or speak to either teacher. The GATS program is about extending you as a unique individual!
Year 12

Throughout this year, students in Year 12 at Nambucca Heads High School will be given the opportunity to participate in activities and excursions that assist them to understand the range of employment, TAFE and university options available to them upon completion of secondary schooling.

The excursions and activities below are a sample and additional opportunities will be promoted throughout the year.

University Roadshow

Representatives from Southern Cross University, Charles Sturt University and University of New England will be visiting Nambucca Heads HS on Friday 26th March from 12:30pm (will go for approximately 50 minutes) to talk to interested students about career, course and campus options. The event will be held in the Performance Space and is open to all students in Year 12. See Mr Horan to register.

University of New England Excursion

Careers Advisers from the Coffs Harbour district will be conducting an excursion to the University of New England Schools Open Day in Armidale on Friday 6th May. This excursion is a valuable opportunity for students to get a feeling for the university campus, investigate possible course and career opportunities and to look at the on campus accommodation. Cost is approximately $25 per student and places are limited.

University of Newcastle Excursion

This one day excursion is a valuable opportunity for students to get a feeling for the University of Newcastle campus, investigate possible courses and career opportunities and to look at the on-campus accommodation. Cost is approximately $40 and places are limited. This excursion is due to be held on Thursday 30th June.

Post Options Expo

All Year 11 and 12 students are given the opportunity to discuss post-school options first-hand with representatives of Universities and TAFE Colleges from both NSW and Queensland in addition to Private Colleges and employment originators/providers. This excursion is held at the Coffs Harbour Education Campus on Wednesday 27th July. Entry is free and ALL Year 12 students are encouraged to attend this informative event.

Applying to University

The application process for university entry for 2016 opens in early August of each year and closes late September. University applications are overseen by different organisations depending upon the location of the university. For NSW universities UAC http://www.uac.edu.au/ is the governing body and QTAC http://www.qtac.edu.au/ for Queensland based universities. Most courses require students to be eligible for an ATAR as part of their senior school studies. Applications must be submitted online. Approximate cost to apply is $30 per person. UAC and QTAC course hard copy guides will be available to students in early August.

Applying to TAFE

Many students will consider a vocational pathway upon completion of their HSC. North Coast Institute of TAFE offers a wide range of course options with flexible delivery. TAFE course booklets are available to students in late August and full details are provided on their website http://northcoast.tafensw.edu.au/Pages/Default.aspx. TAFE prefers applications for 2017 study to be submitted by the end of October 2016.

What Next?

Year 12 students will be surveyed and interviewed throughout 2016 to gain a better understanding of their post-school intentions. Students and parents are welcome to make an appointment at any time with the Careers Adviser and take the initiative in planning their future.

Should you have any questions about any career related aspect for your son / daughter, please feel free to contact me on 02 6568 6777. Additional information can also be obtained from the School Careers Website www.nhhscareers.com with Parents able to access lots of information without the need to register. As well another site used by the school for Careers Information is www.jobjump.com.au

Year 11

Year 11 are finalising their subjects with students being allowed no more subject changes after this week. Pupils studying a TVET Course will be able to adjust their study program after this week (for most students this will involve “dropping” two units or one subject). Recent changes to TAFE funding has meant there is less opportunity for students to start a TAFE Course after the start of the year.

Year 10

All students in Year 10 are being asked to organise their work experience for Term 4 now. Pupils need to submit their paperwork for the first week (21st – 25th November) by the end of this Term. Paperwork for the second week (28th November – 2nd December) is due the end of Term 2. Work experience is a very important part of a student’s time at school. They may decide to pursue a career seriously or even get offered part-time or full-time employment. Parents please support this program by ensuring that your child is actively organising their experience as soon as possible.

Also those students who are wishing to attend the Sydney Careers Excursion (30th May – 3rd June) have received their initial information outlining cost and the program as well as permission notes. Parents and students also need to be aware of the behaviour, attendance and uniform requirements. There will be information regarding these requirements included with the information package.

The Careers Expo for Year 10 students will be held on Thursday 26th May. This activity provides students with the opportunity to meet and speak with many different Training Organisations and employers.

Mr Horan - Careers Adviser
Diary Dates:

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<tr>
<th>Week 4</th>
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**Shakespeare Excursion**
Ms Bowen is organising a ‘Bell Shakespeare’ excursion of *Hamlet: Out of the Joint* at the Bowraville Theatre on Wednesday 9th March. Students invited to attend are from Year 10 and Year 11 and permission notes will need to be returned by Friday 19th February.

Curious about Hamlet? Check out the QR code for a summary.

**Students of Week**
English teachers would like to acknowledge all of the students who have made a wonderful positive start to their learning in 2016. The following students have especially stood out and their teachers would like to recognise their efforts. Well done to all of those students.

**Term 1 Weeks 1-4**

**Thoughtful Contribution to Lesson Discussion:**
- Jonah Edwards (Year 7)
- Sam Bellamy (Year 7)
- Ryan Pickstone (Year 8)
- Kian Coggan (Year 8)

**Enthusiastic and Positive Attitude Towards Learning:**
- Harry Adams (Year 7)
- Holly Lugnan (Year 7)
- Shania Eastwood Stankowski (Year 9)
- Clarence Donovan (Year 9)
- Chloe Colb (Year 9)
- Jameema Hanson (Year 9)
- Kyle Pallister (Year 9)

**Excellent Achievement in an Assessment:**
- Katie Woodland

**Consistent and Diligent Effort in Learning:**
- Elia Buchanan (Year 7)
- Suzannah Greenup – Gray (Year 8)
- Eamonn Lee (Year 8)
- Tyson Giusa (Year 10)
- Luke Bennett (Year 10)
- Claire Ryan (Year 10)
- Brooke Hallett (Year 11)
- Samantha Davison (Year 11)
- Hannah Bartlett (Year 11)
- Luke Palframan (Year 11)
- Lachlan Wilkins (Year 11)

Watch this space to see if your name appears in the next newsletter.

Any questions about an English course your child has elected this year, units we are studying, assessment task queries or general concerns please feel free to contact me via phone: Nambucca Heads High School: 65 686777 or email: tina.seckold@det.nsw.edu.au

Tina Seckold
Head Teacher English
Annual Swimming Carnival

Nambucca Heads High School held its annual Swimming carnival on Tuesday 2nd February. It was a fantastic day with brilliant sunshine the order of the day and a large number of students attending. Year 12 students were up to there usual antics donning fairy tale costumes. Age champions for the day were: 12 Years—Ella Williams and Liam Jones, 13 Years - Isabella Ronan and Monty Wilson, 14—Years Charlie Dent and Bradley Stone, 15—Years Alexandra Cowan and Beau Langford, 16 Years—Xanthe Ronan and Jacob Fidirikkos and 17 Years - Annabelle McCullagh and Daniel Lulham. It was a great day with lots of fun had by everyone who attended. Congratulations to the winners. The next carnival will be the Zone carnival to be held at Macksville Pool on February 29th.

Photography Competition

Our photography contest is back on this term and all students are encouraged to enter. The theme for the contest is “Glass and Glasses”. We are looking for creative interpretations of this theme which may include images of spectacles, mirrors, drinking glasses or other objects made of glass. It could also be images of other things with glass or glasses included in the scene. Please be careful using glass.

Entries need to be in by Week 7 (March 11th) and would preferably be emailed to nambuccahd-h.school@det.nsw.edu.au. Please use “Photography Competition” in the subject field. Entries can be given to Mrs Holliday in the TAS staffroom as a hard copy or on a thumb drive.

A Reminder to Parents to Notify the School about your Child’s Health

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health conditions develop. Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last twelve months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your child’s health needs or as otherwise required by law.
Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program. In 2016 the following vaccines will be offered to Year 7 students*: dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose; and human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits have been sent home to parents/guardians. To consent to the vaccination of your child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at: www.health.nsw.gov.au/immunisation

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

School and Community Notices

URUNGA HOCKEY CLUB
Sick of trying to be in three places at once?
Come and play junior hockey Boys and Girls aged 5-16 years welcome
Where: All games are at the Hockey Complex, Stadium Drive, Cooffs Harbour
When: Saturday mornings
Free stick pack to new junior players
Further information contact: Rhonda on 0457221071 or email: rhonda.smith_20@yahoo.com.au
Vicky on vee_jay@bigpond.com
Lachlan on lwebb@bigpond.net.au

Red Cross

The Red Cross are calling for volunteers for the Door Knock Appeal. It will be help on the 6th or 12th of March and you are required for ONLY 3 hours. This is a great opportunity for:

- Duke of Edinburgh participates that need more community service hours
- SRC representatives
- People who like to gossip while strolling the streets
- People who like to help raise money for the less fortunate in our community.
- People who like free lunch.

If you are interested in helping out this fantastic charity please see Miss Magill in the PDHPE staffroom.
NHHS would like to congratulate Mercedes Peterkin on having her HSC major work in Visual Arts titled, 'New Style Movement', selected to be exhibited at ArtExpress. ArtExpress is a collection of the best HSC works for 2015 from around New South Wales. The works are displayed in Sydney and will then travel to regional centres. Mercedes’s piece will be displayed at the Glasshouse in Port Macquarie from the 9th September until the 30th October. Mercedes and her proud parents travelled to Sydney to attend the launch of ArtExpress.