This year saw forty Year 10 students from Nambucca Heads High School attend the Sydney Careers excursion. Pupils were exposed to a wide range of career related experiences. This was also complimented by fun evening activities including this year’s State of Origin Game 1 at Homebush Stadium!

During the week pupils had the opportunity to choose five careers related visits. The choices were many and varied and included venues such as Sydney University, University of New South Wales, HMAS Waterhen, UTS Nursing & Midwifery, Bedford Childcare College, Toni & Guys Salons, The Institute of Personal Trainers, Australian Institute of Music, Southern Cross University Hotel School, the Actors College of Theatre and Television (ACTT), Noakes Boats and Shipbuilders, the Raffles School and Whitehouse Design.

During the afternoon and evenings students had the chance to attend the Vivid Light Festival, the Sydney Tower Eye, the Movies, a Sydney Harbour Jet Boat ride, Ten pin Bowling and Lazertag and the NSW V Queensland Origin Match. Unfortunately the “Canetoads” were victorious in the first game.

The students arrived home on Friday tired after a very busy excursion. This group was a credit to themselves and the school displaying great cooperation and behaviour for whole week! Pupils now will have some ideas to consider when choosing subjects for their HSC.

Thanks to those staff who attended and were crucial to the success of this important opportunity for our students, Mr Lennox, Mrs Nicholls, Mr Gilbert, Ms Waters and Brock Jannsen.

Also thanks to those members of the community who purchased raffle tickets to support our kids and this wonderful opportunity. First prize was a $750 voucher, at Trisley’s Betta Electrical, won by Matt Winslow. Second prize, a $200 voucher from Coastal Curves, went to Brennan Wilson. Thanks also to SportsFirst Nambucca who were the alternate first prize option.

This excursion is an exceptional opportunity for students to visit these institutions, which are not readily available to everyone. While students and staff all find this trip very enjoyable, it is an extremely valuable learning experience for students to access information on what they may study towards their HSC.
Dear Parents and Community

Research from a recent Gallop poll released in March this year showed that only one third of the 7300 students from Years 5 to 12 surveyed across Australia were optimistic about landing a good job (http://www.abc.net.au/news/2015-03-01/students-lack-hope-for-future-says-poll-gallup-australia/6269960). The survey results also showed that students became less enthusiastic about school over time and the actual low point of engagement was when the student was in Year 10.

As part of our School Plan 2015-2017 Strategic Direction 1 Whatever it Takes for student success NHHS is going to implement a Personalised Learning Plan (PLP) for all students in 2016 in order for our students to think about their short, medium and long term goals on at least two occasions each year from Year 7 to 12.

Last week our Year Advisors spent a day planning what this new initiative will look like. To trial our PLP process we have decided that Year 8 students this year will be our test group in regards to our PLP process. In Term 3 Year 8 parents will receive a letter from the Year Advisors, Mrs Dedman and Mr Hazelwood, asking parents to answer some questions in regards to their child’s goals and dreams so that we can streamline our processes before 2016.

Our parent teacher night will be held on the first Thursday back in Term 3, 16th July at the school from 3.30 to 6.00pm. We will distribute your child’s report on the night. Information on how you can book online for your interviews will be distributed before the end of term. If you do not have internet access you can ring the school and we will organise your interviews for you.

As always please contact the school if you have any queries as to your child’s education.

Highlight of the fortnight:

The tired but happy faces of our Year 10 students who went on the Careers Excursion in Week 6 as they got off the bus after a busy week in Sydney. This excursion provides our students with genuine information and experiences about what possibilities there are for them as they start to think about the subjects they are going to choose for Year 11 and the future careers they aspire to. Congratulations to all of the students as their behaviour was exceptional all week and this was commented on by members of the public as our students made their way around Sydney. A big thank you also must go to Mr Horan for organising the excursion and to the accompanying teachers Mrs Waters, Mrs Nichols, Mr Lennox Mr Gilbert and Mr Janssen for their tireless efforts through the week.

Simon McKinney
Principal

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CALENDAR

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<tr>
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<td>17th June</td>
<td>Year 11 Biology Ausbiota Field Trip</td>
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<tr>
<td>19th June</td>
<td>Zone Athletics Carnival Nambucca Heads, Year 6 Transition Day</td>
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<tr>
<td>26th June</td>
<td>Last day Term 2</td>
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<td>14th July</td>
<td>First day Term 3 (for students)</td>
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<td>16th July</td>
<td>Parent/Teacher Interviews</td>
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NAMBUCCA HEADS HIGH SCHOOL P&C

At our last P & C meeting (27th May 2015) we had both our proposed suppliers of the new school uniform showing us what they had to offer. One of our student’s was also present who happily modelled some of the options for us. Decisions were made about the styles and colours we liked. We believe we reached a point whereby we can present to the SRC the proposed school uniform that meets our expectations. It is important that we have feedback from our students, so a meeting was arranged between Jodi Crow, our President and Alison Daley, our Secretary, and the SRC representatives. On Friday 5th June, Jodi Crow and Alison Daley from the P & C met with the School Representative Council students to show the uniform garment samples that have been discussed so far. Some of the students tried on some the samples. Overall, the students reaction was upbeat and positive. They liked what they saw. A discussion followed and their questions and opinions were heard. Their feedback will be taken to our next P & C meeting and the ideas of some adjusts that were important to them will be considered. **Our next meeting will be held on Wednesday 24th June at 5.30pm in the school Library.**
On Monday the 25th May, six Year 11 students, Oke Wikaira, Lucas Heffernan, James Weimer, Chris Knights, Sam Grant and I and two teachers, Mr Steward and Mr McDonald, headed out to Nymboida for a three night—4 day expedition kayaking the Nymboida River. We left school at 7.30am and made our way to Buccarumbi which was the starting point of our expedition. The teachers had to drop cars to the finishing area so while we were waiting for them to arrive we sat around eating and generally wasting time. When they came back we started our journey towards Jackadgery. **DAY 1:** The first day was fairly easy as we had a late start so we only travelled about 8klm before we had to set up camp before nightfall. Sam’s day wasn’t the best. After kayaking for about 2klm his kayak tipped putting him into the freezing water. He was really angry, and the rest of us laughing at our poor mate didn’t help. We found a nice grassy area to set up our tents and made a good size fire (which Sam appreciated). However, poor Sam’s day was still to get worse when he discovered everything in his bag was wet, even his sleeping bag. Of course we showed his a lot of sympathy (ha ha). **DAY 2:** Day two was the longest day of the expedition. It wasn’t a hard day as a lot of the kayaking was through long ponds which was pretty cruisie. We travelled about 21klm from 9.00am to about 3.30pm. **DAY 3:** Today was a much shorter day but a little harder. We only travelled about 11klm today but we had to drag our kayaks through the scrub which was possibly the worst part of the trip. It wasn’t all bad though, we found some high cliffs and massive rocks to jump off for fun. It was all safe as we did our checks before jumping in. **DAY 4:** After some fairly hard walking and paddling we were glad to be making our way home today. We only had to travel 5klm. The vision of ice cream and subway at the end of the day was enough to keep us motivated to finish. Thanks to Mr McDonald for coming with us and as always thank you to Stewie for his organisation and making it all possible. We had a great time, overall, and look forward to the next expedition. **Submitted by Tanguy Clarke**

**DUKE OF EDINBURGH—NYMBOIDA**

Duke of Edinburgh Silver Award

Congratulations to Year 11 student, Natalya Byrt, who is completing her Duke of Edinburgh Award and recently gained her Silver Award.
The Annual School Athletics Carnival was held on the 20th May on a very warm day. We were very lucky with the weather as it had been raining on the days previous. A number of students attended and competed throughout the day. As usual our Year 12 students were given some poetic licence with their dress code. The winning house was Gordon (green) with 1735 points. We now have a large number of students who have qualified for the zone carnival which will be held at the EJ Biffin fields on Friday 19th June.

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Nine students competed in the Regional Cross Country that was held in Kempsey on the 5th June. Our students competed very strongly with Isabella Ronan placing 1st in the 12 year girls, Jayde Hill, 17 girls, Olivia Langley 15 girls and Blake Ryan 17 boys placed 2nd. These students have now qualified to travel to Sydney to compete at the State Cross Country. Congratulations to all who took part and enjoyed the day.

Year 11 student, Zahra Hocking, was pleased recently when she was selected to represent the North Coast Region in the State Squash Carnival to be held at Newcastle on the 16th June. Congratulations Zahra and good luck.
Year 12

University of Newcastle Excursion

This one day excursion is a valuable opportunity for students to get a feeling for the University of Newcastle campus, investigate possible courses and career opportunities and to look at the on-campus accommodation. Cost is approximately $45 and places are limited. This excursion is due to be held on Thursday 25th June. Notes have been given out and are due 12th June.

Post Options Expo

All Year 11 and 12 students are given the opportunity to discuss post-school options first-hand with representatives of Universities and TAFE Colleges from both NSW and Queensland in addition to Private Colleges and employment originators/providers. This excursion is held at the Coffs Harbour Education Campus on Wednesday 22nd July. Bus costs $5 and entry is free and ALL year 12 students are encouraged to attend this informative event.

What Next?

Year 12 students will be surveyed and interviewed throughout 2015 to gain a better understanding of their post-school intentions. Students and parents are welcome to make an appointment at any time with the Careers Adviser and take the initiative in planning their future.

Should you have any questions about any career related aspect for your son / daughter, please feel free to contact me on 02 6568 6777. Additional information can also be obtained from the School Careers Website. www.nhhscareers.com OR www.jobjump.com.au

Year 11

All Year 11 and 12 students are given the opportunity to discuss post-school options first-hand with representatives of Universities and TAFE Colleges from both NSW and Queensland in addition to Private Colleges and employment originators/providers. This excursion is held at the Coffs Harbour Education Campus on Wednesday 22nd July. Bus costs $5 and entry is free and ALL year 12 students are encouraged to attend this informative event.

Year 10

Subject selections

Year 10 will be making their subject selections for Year 11 & 12 early next Term. To prepare students for this they will have an afternoon to speak with Teachers about senior subjects prior to choosing as well as an evening session for parents and Pupils. Important dates include:

Work Experience

All students in Year 10 are being asked to organise their work experience for term 4 now. Pupils need to submit their paperwork for the first week (23rd – 27th November) by the end of this Term. Paperwork for the second week (30th November – 4th December) is due the end of Term 2. Work experience is a very important part of a student’s time at school. They may decide to pursue a career seriously or even get offered part-time or full-time employment. Parents please support this program by ensuring that your child is actively organising their experience as soon as possible.

Mr Horan - Careers Adviser

YEAR 8 MATHEMATICS DAY

On Friday 22nd May Isaac Jones, Kyah Lulham, Kawana Crowe and Elly Gooch went to the 20th Year 8 Mathematics Day at the University of New England, Armidale. We left at 5.30am on a bus with students from Macksville High School and Bowraville Central School. On the way up we stopped at Guy Fawkes National Park, it was very pretty. When we arrived at the University we were put into school groups and were allocated tables. There were over sixty schools attending the competition. We competed in multiple problem solving tasks as a group. The other schools were intimidating because they had blazer, tie and formal uniforms, unlike us wearing our hoodies. However, we did really well on the day which proves a blazer doesn’t make you a winner. Anyway, the day was fun and we beat Macksville in the overall competition. We would highly recommend this competition to next years Year 8s. Thank you to Ms Dempster-Newman for organising us and taking us to Armidale.

Submitted by Elly Gooch and Kawana Crowe
Year 9 student, Jacob Watson, recently completed a pine bowl made in Woodwork classes. The bowl is made of Radiata Pine boards glued together at 90° to each other. The bowl is finished with all natural bees wax polish. It is a lovely bowl which Jacob is extremely proud of.

APOLOGY

In our last newsletter the 14 Year Old Boy School Cross Country Champion was incorrectly reported. It was in fact Jake Bryant who was the champion. He went onto represent the school at the Zone Cross Country where he ran a credible 3rd placing. Jake also qualified to represent the school at the Regional Cross Country in Kempsey.

My Apologies Jake. Annette Welsh