The staff at Nambucca Heads High School would like to welcome all students back to school—with a special mention to Year 7. It is very exciting for these students to be commencing their High School education, albeit a little daunting at times. NHHS has tried to make the transition to high school as easy as possible for the students with a number of transition days being held last year. Year 7 students will also be attending a peer support camp on February 9 and 10. The camp will be held at the Coffs Coast Adventure Centre at Bonville. Activities will include swimming, giant swing and the commando course. After all the rain we’ve had recently the commando course could be a lot of fun (with a lot of mud). This is a great opportunity for all students to become familiar with each other as many have come from different primary schools and some are new to Nambucca Heads. A Year 7 “Meet your Teacher” breakfast will be held on February 25th for Year 7 students and their parents/guardians. Year 10 will also be having a study skills camp from Wednesday February 11 to Friday February 13th. The camp will be at Hat Head. The idea of the camp is to prepare students for Years 10, 11 and 12. It will be the first of several study days for the students giving them invaluable skills in time management, essay writing, literacy, numeracy and summarisation skills and techniques essential to their study practice. There will, of course, be a little time for relaxing. Also this term there will be students travelling to Sydney to attend the onstage concert, we’ve had our annual swimming carnival this week, the basketball team is travelling to Port Macquarie, another trip to Sydney to attend Artexpress, film making workshop, Learner Driver workshop, many more sporting teams competing in various competitions and still more. And that’s only Term 1. It is going to be a very busy year. NHHS offers all kinds of extra curricular activities to every student enhancing their ability to grow and learn new skills. Our aim is to develop happy students who are given every opportunity to achieve their own goals.
Dear Parents and Community
Welcome back to all in the Nambucca Heads High School community and a special welcome to all of our new Year 7 students and parents who have joined our school community this year and to those students and parents in other years who have also joined us. We have three new staff members in 2015; Ms Sarah Magill has joined us in the PE department from Broken Hill, Ms Paula Morrison is our Librarian and Mrs Lizzie Russell has joined us in the front office as a new School Administration officer from Toormina.

We also welcome new canteen operators into our school this year. Jenny Tiley’s company is a long established catering operation which diversified into school canteens in Sydney eleven years ago where they operate in both high and primary schools. The school canteen will deliver fresh and interesting food to the students and staff. The menu is found in our newsletter this week.

Last Wednesday I spoke to all students about what are they going to achieve in 2015. I asked students to think about what is one specific thing they would like to achieve in 2015. Please ask your child what this is going to be. Please encourage your child to set goals for 2015 and actively support them in achieving them.

In the classroom this year we will be building on the Visible Learning work we have been doing over the past two years by implementing Quality Teaching groups. Mrs Dedman and Mr Gilbert will lead the staff through this process in which staff will be working in groups across faculties which will see them observing each other teach in the classroom and then meet afterwards in order to discuss what was observed in the classroom. Our reason for doing this is due to the fact that: Quality teaching involves the establishment of quality teaching/learning environments and quality relationships. Such environments and relationships are supportive, inclusive and ‘owned’ by teachers and students. Students who would like a locker for the year need to pay their $50 for the year, $10 a term hire and $10 refundable deposit for the lock, to the front office. The lockers are filled on a first in, first served basis.

All parents are invited to attend our first P&C meeting of the year in the school library at 5pm on Wednesday 25 February.

As always please contact me at the school if you have any questions in regards to your child’s education at NHHS.

MY HIGHLIGHT OF THE FORTNIGHT:
The arrival of our 2015 Year 7 cohort, or in other words our HSC Class of 2020! Our new Year 7 students have settled well and are working productively in the classroom and having fun when in the playground. Thank you to the rest of the student body who have made them feel welcome in their new school.

Simon McKinney
Principal
Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council for adolescents as part of the school vaccination program. In 2015 the following vaccines will be offered:

**Year 7 students***:
- dTpa vaccine (Diphtheria, Tetanus and Pertussis (whooping cough) as a single dose
- Varicella vaccine (chickenpox) as a single dose
- Human papillomavirus (HPV) vaccine in a 3 dose schedule at 0, 2 and 6 month intervals (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

**Year 11-12 students***:
- Measles/mumps/rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected

*The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised

Parent information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- Read all the information provided
- Complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- Return the completed consent form to their child’s school
- Ensure that their child eats breakfast on the day of the school vaccination clinic

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure of Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation. To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all ten digits and the number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

**The first round of vaccinations will be held on Thursday 5th March for Year 7 students.**

### VALENTINES DAY

Each year Year 12 students raise funds to support their formal at the end of the year. One way they do this is by selling roses and balloons for Valentines Day and as an extra this year you can buy a song. Roses will be sold for $4.00, balloons $1.50 or four for $4.00 and songs will be $5.00 each. The songs are limited to—“I will always love you”, “All of me”, “Beneath your beautiful” and “Thinking out loud”. Year 12 students will be taking orders in the quadrangle at recess and lunchtime. Please support the students with their fund raising efforts.

**The Duke of Edinburgh scheme is once again running at NHHS this year. Mr Stephen Steward will be leading the program which involves Volunteering: undertaking service to individuals or the community. Physical: improving in an area of sport, dance or fitness activities. Skills: developing practical and social skills and personal interests. Expedition: planning, training for and completion of adventurous journeys. At Gold level, participants must do an additional fifth Residential section, which involves staying and working away from home doing a shared activity. There are some costs involved, but these are kept to a minimum. If you are interested in joining the Duke of Edinburgh Award scheme please speak with Mr Steward. This award is a worldwide recognised award and is very prestigious. Students must be in Year 9 or above.**
Uniform is checked regularly. ALL students are required to wear the correct uniform. If financial difficulties prevent the purchase of uniform requirements, contact the school, as support from the Student Assistance Scheme or the school clothing pool may be available. Students who are repeatedly out of uniform will be denied all privileges the school has to offer. Enclosed footwear is compulsory. Thongs and other such footwear will not be tolerated.

**Junior Uniform – Years 7 – 10**

Aqua Polo Shirt with sleeves and a collar. (Sky Blue button-through or polo style shirt with sleeves and collar is an acceptable alternative.)

Navy Blue shorts, long pants, tracksuit pants or skirts (no Logos)

Navy Blue jumper (no Logos)

**Sport & PE**

White polo style shirt and navy blue shorts

Shoes – covered

**Senior Uniform– Years 11 – 12**

White polo style shirt with sleeves and collar or button through shirt with sleeves and collar

Navy Blue shorts, long pants, tracksuit pants or skirts (no Logos)

Navy Blue jumper (no logos) or Senior Jumper

**Sport & PE**

White polo style shirt and navy blue shorts

Shoes Covered, lace up joggers

*Denim and tights are NOT an acceptable part of the school uniform, in either the junior or senior years.*

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If your child is absent from school for any reason you must notify the school as soon as possible. You can do this by ringing the school the morning of the absence or sending in a note with your child when returning to school. Alternatively, if your child is absent from school and we have not been notified you will receive a text message the morning of the absence. Replying to that message with an explanation is acceptable.

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**WHAT’S HAPPENING AT NHHS**

Over the next few weeks there are a number of events taking place at school. Screenwave in conjunction with Head Space will be holding a film making workshop for any budding film enthusiast. This will be held on Thursday 26th February in the school library. Films can be entered into a competition and if selected as a winner will be shown at a free showing of Friday April 17th at Brelsford Park, Coffs Harbour. For more information go to www.recyashorts.com.au or speak to Ms Marshall at school.

On Friday 27th February Ms Marshall is organising a “Clean up Australia” group. If you would like to be involved please put your name on the sign-up sheet on the notice board outside Ms Marshall’s office. If you are part of the Duke of Edinburgh scheme you will be able to list this as part of your community service.

We have lockers for hire at school. They are centrally located in the library. The cost of hiring a locker for the year is $40.00 with a $10.00 ($50.00) deposit that is refundable at the end of the year. If you would like to hire a locker please make payment at the front office and then take your receipt to Ms Morrison in the library.
After a wet start to the week Mr Hocking was a bit worried about the weather for the swimming carnival, however, there was no need as Wednesday presented an absolutely beautiful day for the annual Swimming Carnival. With the sun shining staff and students made their way to the swimming pool in Macksville. It was great to see students getting in and having a go and having a bit of fun. Year 12 once again were given some “poetic licence” with their races with lots of floats and costumes being the order of the day. The winning house on the day was Gordon. Thank you to all students who came along and enjoyed the day. Those students who have qualified for the zone carnival will receive permission notes. This carnival will be held in Macksville on the 19th February.

LEARNER DRIVER WORKSHOP

Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.

The next workshop in your area will be held:

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<th>TIME &amp; DATE:</th>
<th>VENUE:</th>
<th>BOOK NOW ON:</th>
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<tr>
<td>Thursday 26th February 5:30pm – 7:30pm</td>
<td>Nambucca Heads High School- Library</td>
<td><a href="http://www.etc1td.com.au/rms">www.etc1td.com.au/rms</a> Ph: (02) 6650 1969 Freecall 1300 369 968</td>
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Helping learner drivers become safe drivers
**Rugby League**

Nambucca Roosters Juniors will be holding a registration day on Saturday 7th February between 9.00am and 1.00pm. Ages are from 5 to 16 1/2 years old. Girls up to the age of 12 are eligible to play. Training will be held on Tuesday and Thursday afternoons from 4.30pm to 5.30pm at Coronation Park. New players must bring a birth certificate. For further information contact Rachel Elphick on 0432368054 or Shane Eadie on: 0411 458 910.

**Rugby Union**

Exciting new U/14’s competition to be held at Toormina Rugby Grounds. Games will be played on Friday nights from 5.00 - 7 30 pm with every 4th game played on Sundays either at Port Macquarie, Crescent Head, Dorrigo, Kempsey or possibly at home. Interested player's are to meet at Toormina Rugby Grounds Thursday 12th February at 4.30pm. For more information contact Calvin 0412196761.

**FOLLOW US ON FACEBOOK**

*Nambucca Heads High School Official Page*

Keep up to date with "What's On" at our school

Share in celebrations, success and experiences of our kids