On Tuesday 20th May at 11.00pm Year 12 students studying Biology, Senior Science, Chemistry and Physics boarded a train and departed for Sydney to attend seminars and museums in Sydney to expand their knowledge and assist them in their HSC courses. The excursion was educational (as well as being fun) learning in a firsthand outdoor environment. All venues attended were thoroughly enjoyed by everyone. Arriving in Sydney at 7.00am on Wednesday morning, weary eyed and cramped from travelling all night on the train, we walked to our accommodation at Aarons Hotel, found our rooms and prepared for the day ahead. Biology and Senior Science students were off to the Q Station to review the lines of defense that Sydney employed against disease and quarantine during the early settlement, (four girls were convinced a ghost followed them back to their hotel room). Chemistry and Physics left to go to ANSTO which is a large nuclear reactor where nuclear ions are made for medical and research purposes. After both groups were done, it was back to the hotel and off to dinner on the streets of Sydney. Everyone was thankful to go to bed that night. Early the next morning everyone met for breakfast and exchanged stories of the night before. Not long after it was back on the road where Biology and Senior Science attended the UNSW Museum of Human Disease. Afterwards Biology left to attend a seminar at the Australian Museum to learn about human evolution and compare features of early human ancestors. That night all students went to Darling Harbour to play lazar tag and bowling. After the fun and games we enjoyed dinner in some of the many cafes at Darling Harbour then back to the hotel for a good night’s sleep. The next morning the breakfast routine was repeated and Biology headed off to Taronga Zoo where they analyzed the apes in comparison to humans. Senior Science, Physics and Chemistry all headed off to Luna Park (to do research of course). After two very busy days it was back on the train for the return journey. Overall the excursion was a fantastic addition to the study of our various courses, and it was also a lot of fun. On behalf of all that attended I would like to say a massive THANK YOU to Miss Lockyer, Miss Waters, Miss Patu and Mr Shrubb for organising the excursion and putting up with us for the two days. We really appreciate your efforts in making it a fantastic excursion to attend. I would definitely recommend it to any student studying any science subject in Year 12, you will not be disappointed.

Submitted by Renee Lindsell

Kythera Cohen, Jessica Woodhall, Thibaut Clarke, Renee Lindsell at one of the many museum visits.

Julian Sneddon and Ms Patu examining the displays at the UNSW
Year 12

Highly Commended—Group Devised. (Zac Hocking, Abbee Milgate, Sarah Orman, Annika Warren)

Highly Commended - Individual Performances. (Abbee Milgate, Annika Warren)

2nd Place – Group Improvisation - (Zac Hocking, Abbee Milgate, Sarah Orman, Annika Warren)

Year 11

2nd Place – Group Devised. (Hayden Rose, Dakota Edwards, Hosannah Launt, Blake Ennis-Nickson, Jayde Hill)

3rd Place – Individual Performance. (Jayde Hill)

Jayde was also invited (and successfully performed!) with 4 other Drama performances in the whole Eisteddfod Showcase Concert in Coffs Harbour on Sunday 1st June.

Highly Commended – Group Improvisation. (Hayden Rose, Dakota Edwards, Hosannah Launt, Blake Ennis-Nickson, Jayde Hill)

Year 10

1st Place – Dramatised scene from “Living with Lady Macbeth.” (Shani Langford, Louise Parth, Zoe Ahern, Chloe Moxon, Anna Daley, Courtney Jarrett, Natalya Byrt, Jali Williams).

2nd Place – Group Improvisation (Hayley Kelly-Tipler, Morgan Robins, Jali Williams, Natalya Byrt)

Highly Commended – Group Improvisation (Sharlotte Hoffman, Jenevieve Kennedy, Zahra Hocking, Courtney Jarrett)

1st Place – Individual Performance (Natalya Byrt) Natalya won a trophy and was invited to attend the Showcase Concert in Coffs Harbour. Unfortunately, Natalya was unable to attend as she was performing in her final production of the musical, “Annie” at the Jetty Memorial Theatre in Coffs Harbour.

Year 9 who was rehearsing for the Primary School Tour!

Highly Commended – Group Devised, “Year 6 Rox!” (Sophie Cavanagh, Leticia Phelps, Courtney Fuller, Grace Mackney, Kiaya Doughty-Paterson, Max Ghal)

Highly Commended – Group Devised, “Unreal!” (Kiara Taylor, Jemima McKinney, Courtney Molloy)

3rd Place – Group Devised, “Bobby.” (Lacey Brookes, Sophie Keers-Lawrence)

Highly Commended – Individual Performances (Lacey Brookes, Sarese Paull)

1st Place – Individual Performance (Max Ghal) Max won a trophy and was the overall prizewinner of Year 9. He also successfully performed at the Showcase Eisteddfod in Coffs Harbour.

2nd Place – Group Improvisation (Sophie Cavanagh, Leticia Phelps, Courtney Fuller, Grace Mackney, Kiaya Doughty-Paterson, Max Ghal)

2nd Place – Group Improvisation (Courtney Molloy, Jemima McKinney, Sarese Paull, Kiara Taylor)

CONGRATULATIONS TO ALL THE DRAMA CLASSES FROM NHHS! Many of these performances will be on show at our own “Roundabout Madness Junior Showcase” which has been postponed to Term 3.

NAMBUCCA HEADS HIGH SCHOOL P&C

At the P&C meeting held on Wednesday 28th May among other topics a discussion was held regarding the uniform at Nambucca Heads High School. Some comments from the meeting and the wider school community are: There are too many choices as far as the colour blue and some of the skirts are extremely short. At our next meeting on June 25th we will be having further discussions regarding the uniform. We would like to compile a parent and student survey to gauge the school community’s opinions on the current uniform and/or a need for change to the uniform. During the next meeting we will be discussing the questions we wish to put into this survey. We invite any parent who has concerns or suggestions about the school uniform to join us at the meeting on Wednesday 25th June, 2014 at 6.00pm in the school Library. Your input is most welcome.

SRC NEWS

At our school assembly held on Tuesday 27th May Mrs Irene Rowsell from the Nambucca Valley Cancer Care Group was presented with a cheque for $338.00 by SRC Presidents Jayde Hill and Dylan Coaldrake. The money was raised at a “Pink” fundraising day held at school recently. The day was a resounding success with students and staff all enjoying the day. Mrs Rowsell presented the school with a certificate of appreciation from the Nambucca Valley Cancer Care Group and expressed their gratitude to the students for the contribution. Also, a reminder that the SRC have organised with Planet Ark to recycle printer cartridges and with the Jane Goodall Foundation to recycle mobile phones. Please send these items in and place them in the recycle bins provided in the front office.

Jayde Hill, Mrs Irene Rowsell, Dylan Coaldrake
In Term 3 we are starting what we hope will become a tradition for all students when they are in Years 9 or 10 (Stage 5) at Nambucca Heads High School. Being a teenager is hard work and we as a school community want to provide all of our students with the skills to grow into successful and happy adults as well as providing them with a great education.

On Friday 25 July Enlighten Education will be visiting the school for a full day workshop for all girls in Years 9 and 10. Enlighten Education’s programs help teenage girls decode the mixed messages they receive and help them develop self-esteem and confidence. Please go to http://www.enlighteneducation.com/ if you would like more information.

All girls at Nambucca Heads High School will attend this workshop when they are in either Year 9 or Year 10. This means that the girls who are in Year 7 or Year 8 this year will do this workshop when they are in Year 9 or Year 10 respectively. We have also organised for our Year 11 girls to attend this year so that they do not miss out on what will be a great learning experience.

I am currently in negotiation with other providers in regards to offering the same opportunity for our boys and I hope to have more information about this very soon.

Students in Years 7 to 10 have been completing their half yearly examinations this week and I would like to congratulate all students on the mature and sensible way in which they have gone about this.

Classroom teachers are busily marking the examinations and writing reports so that on Thursday 26 June (Week 9) we can hand over your child’s Semester One report at our Parent/Teacher night between 3.30pm and 6.00pm in the gym.

You are able to make an online booking for your child’s interviews. Please go to: http://www.schoolinterviews.com.au and type in the event code: RKBKB and follow the instructions. Please contact the school if you have any issues regarding the online booking system.

After meeting with the P&C last Wednesday I look forward to many more parents attending the next meeting on Wednesday 25 June to discuss our school uniform. If you have an opinion about our uniform please come along and share it with other members of our school community.

As always, please contact me if you have any issues in regards to the education of your child at Nambucca Heads High School.

My highlight of the week: The numbers of students at and the participation in the Athletics Carnival. Well done to all. EJ Biffen was a hive of activity for the whole day with excited and happy students who participated with enthusiasm. A special mention must go to Zachariah Willard for the way he ran the third leg of his relay race. Well done Zach on a great effort.

Simon McKinney
Principal

### CALENDAR

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>June 11th</td>
<td>Belvoir Street Theatre Workshops</td>
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<tr>
<td>June 13th</td>
<td>Zone Athletics Carnival EJ Biffen Oval</td>
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<tr>
<td>June 16 - 20th</td>
<td>Year 10 Careers Excursion to Sydney</td>
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<td>June 25th</td>
<td>P&amp;C Meeting School Library</td>
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<td>June 26th</td>
<td>Parent/Teacher Interviews School Gym 3.30pm - 6.00pm</td>
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<td>June 27th</td>
<td>Last Day Term 2 (Can you believe it!)</td>
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<td>July 15th</td>
<td>First Day Term 3 (Last one for Year 12)</td>
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### WHOOPING COUGH

We have had a confirmed case of whooping cough at our school recently. Included in our newsletter is a fact sheet from the Department of Education. Please read the information and contact your local health care provider if you have any concerns.
The NHHS Annual Athletics Carnival was held on Wednesday 28th May in fantastic conditions. With the unseasonably warm weather still around it was thought it may be an extremely warm day, but as it turned out there was a bit of cloud cover and a slight drop in temperature which made for perfect conditions. It was a fantastic day with a large number of students attending and competing. We also had a surprise competitor in some of the sprint races with Gary “Duke” Lee taking his place alongside the students. Although he competed strongly, he was no match for the students. Mr Michael Major and Mr Matt Gilbert had the announcers’ job for the day, or though by about, oh ,9.30am most felt they should be given a break. A number of records were broken on the day and it was very exciting watching when students got close to or broke a record. Record breakers were: Savannah Peterkin 16 year girls Long Jump, 16 year girls 100m and 200m sprints, Jamie-Lee Duckett 13 year girls shot put, Georgia Dent 15 year girls shot put, Jayde Hill broke her own record in the 800m Open Walk Race, Oke Wikaira 15 year boys 100m breaking a record previously set in 1998 and Davis House broke the record in the 4x100m Relay, the previous record also set in 1998. All students that placed 1st or 2nd in any event now qualify to attend the zone carnival to be held at EJ Biffin fields on Friday 13th June where schools from Camden Haven in the South to Nambucca Heads in the North will compete on the day.

The Eisteddfod was awesome for all of our students! Year 9, 10, 11 & 12 Drama all put in a great effort with some fantastic wins and gruelling losses but most of our performances were somewhere in the middle and we represented NHHS to the max!

One student’s Eisteddfod day: In the morning, I nearly missed my bus but I didn’t! When I got going the school bus broke down and we were late so we waited for the 8.45am bus. I arrived at school late and thought I was going to miss the bus to the Eisteddfod. Luckily Ken was there and he drove me up to the Eisteddfod. We drove up to Coffs Harbour Racecourse. There was a lot of waiting around and watching the other schools, before we got to go into a spare room to practice and get ready. There was still more waiting before we got our chance to go on stage and perform! We performed our play with great success and not a thing went wrong except for when John nearly fell off the stage. He wasn’t the only one. Our play was funny and we made the audience laugh. We used a lot of improvisation which worked really well. However, I still felt it could’ve been better, especially the bits I didn’t like. Some of us did really well. After some time there were announcements over the PA saying that the Nambucca Heads’ improvisation performances were being moved forward so we could travel back to the school in time for the buses. We were called up and our team picked our topic for the improvisation. It was “Dad’s Handyman Failure.” We all struggled to finish in time but the audience seemed to love it! Especially when we nearly fell off the stage again! The back wall nearly really did fall down! After our second performance we got to leave and go back to school. Luckily for me, I got to go to McDonald’s with Ken. I ordered a cheeseburger meal with no meat or pickles because I am a vegetarian who hates pickles. All in all, it was a pretty good day and our school did well.

Submitted by Charlie Kennedy.
On Friday 30th May, Year 9 Drama toured the Primary Schools to perform and run workshops for the Year 6 students in the hall at Nambucca Primary School and in the outdoor covered area at St Patrick’s, Macksville. Mrs McSkimming and Mr Baker came with us, Mr Major drove the bus, Brock came with Jacob and Ken joined the crowd! It wasn’t what we were expecting! We ended up much more amazed and excited because it was so much more fun than we anticipated. For the Year 5 and 6 tour, we had four groups. Our plays were about transitioning from Year 6 to Year 7 and the dramatic changes that all of the students are about to go through. The plays were about making and keeping friends, new teachers, body image, and even starting to have an interest in the opposite sex! When we first got to the Red School (NHPS) we got straight into introducing ourselves and played a game called “Yes Let’s” to get us moving and warm up the audience. The teachers did a Word-At-A-Time Story and then we performed! In the first play was Jacob, Romy, Charlie, Lamaya and Rachel. This performance was about the new teachers in High School and how they may appear to be more harsh than Primary teachers. Romy, the High School teacher, showed that he may be very strict but inside really does have a soft spot. In the second performance, “Unreal!” Kiara, Jemima and Jaya showed that Year 7 students may not be as secure about friendships and try all sorts of ways to impress other students. In the end they showed the audience that best friends are made by just being real! They showed that cheating and being fake just doesn’t really work. “Year 6 Rox!” by Sophie, Max, Leticia, Courtney, Xiaya and Grace showed in a very funny way that you can treat your body differently in all sorts of ways as you get older - like shaving your legs, or even changing your diet! Lacey and Courtney touched the heart when they showed that you always need to stay loyal to your old Primary school friends and not go chasing boys. They were funny and interacted with the Primary school boys who were their boyfriends. Max, Sarese and Lacey performed individually – both tragedy and comedy - and showed some of the more complicated situations that just might happen in High School. Everybody in our class performed their very best and you could tell that throughout each performance all of the kids in the audience were enjoying each and every second of them! After our performances we got the chance to interact with the children and do some fun activities which the students in our class led. We played games like, Zip, Zap, Zoom!, Knots, and Captain’s Coming! Each NHPS and NHHS student got involved and had heaps of fun. Our class wanted to be there so that the students know us when they go to high school next year, so we can support them and encourage them and show we are not all scary big kids! We answered their questions and told them how to be strong and friendly as well as about all the exciting things that happen in High School and why we love it! The teachers and students told us how much they appreciated us coming to their school with our performances, our answers to their questions, our enthusiasm and our encouragement. We were even invited to come back as soon as we can! So, we tried our best to show the Primary kids that High School may have its ups and downs, but you can make it through with support from all sorts of people like us! (Some of us will be their Peer Support Leaders) We also got them excited about the School Canteen! It was a thoroughly enjoyable excursion and I would love to get the opportunity again. Luckily we are going to Frank Partridge next Tuesday afternoon to do the same thing all over again!

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**YEAR 9 DRAMA INVASION**

Submitted by Jaya Hastings and Kiara Taylor, Year 9

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**PARENT/TEACHER INTERVIEWS**

Parent/Teacher interviews will be held on Thursday 26th June for students from Year 7 to Year 11. They will be held in the school gym at the front of the school from 3.30pm to 6.00pm. To book a time slot please go to: [http://www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code “RKBKB”. If you do not have access to the internet please contact Annette Welsh at the school and appointments will be made on your behalf. Your child’s report will be issued to the parent/carer when you arrive for your interview.

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**SANDS PROGRAM**

The Wesley Mission SANDS Links to Learning Project celebrated its 15 years of operation with a group photo outside the Nambucca Youthe of the current SANDS Boys and Girls 2014 programs including leaders and students. SANDS is funded by the NSW Links to Learning Grant through the Department of Education and Communities and has been operating locally since 1999 taking over 360 Year 9 students from Macksville High, Nambucca Heads High and Bowraville Central Schools through an intensive 12 months TAFE Certificate 11 Course in Work and Training. The Wesley Mission SANDS Coordinator Chris Hewgill said “SANDS is a very successful long term student program giving young people involved accredited TAFE training, life skills, social competencies and links to services, further training and employment, but most importantly students love their time on SANDS”
Year 12 students have access to a “Common Room” that is set aside specifically for Year 12. This year the room has had a block style makeover thanks to Mr Michael Major. The common room was starting to look a little ratty and dated. What a difference a few new tables, chairs, cushions and notice boards made. The bright colours of the new furniture has made the room a much more inviting space for the Year 12 students. There are also some inspirational words on the windows. From all accounts the students are enjoying their space and making the most of it at recess, lunch and when they have a free period.

Madeline McCullagh is a School Based Trainee with Youth Directions Inc. at their office at 82 Mildura Street Coffs Harbour. Madeline is undertaking Business Services, but is also learning lots about event management and assisted with the organisation of the Coffs Coast Careers Expo held for Year 10, students, parents and community. Youth Directions are extremely pleased with the work Madeline has been putting in during her traineeship. They would like to thank Madeline for her input into this exciting event!!